

Andems Runners assisted by Rochdale Harriers present

**The Lynne Edmondson & Christine Navan Memorial Brownhousewham
Reservoir Race**

Association of Running Clubs. Rules. Permit No)

**11.15am Sunday 3rd November 2019 from the Red Lion, Whitworth Square,
Whitworth, Rochdale. (A671 Burnley Rd)**

Andems Runners are staging this 5k run around Brownhousewham Reservoir in memory of Lynne & Christine. Proceeds to include Whitworth CRUK.

Entry Fee £6.00 to unaffiliated £4.00 to Club Runners. £1.00 extra on day
Cheques payable Andems Runners LECNMR to:
Andy O'Sullivan MBE, 40 Crowshaw Drive, Lower Healey, Rochdale, OL12 OSR.
Telephone enqs (01706) 750620 or info@andemsrunners.co.uk

Prize to ALL Finishers. Prizes in all categories. Scenic course/well marshalled.

Start and finish outside Red Lion Pub.

Please pool vehicles and park in Cowm Park Way South. **Please support this very worthwhile race in memory of these very special Women. This doubles as a memorial to ALL treated at SPRINGHILL HOSPICE & THE CHRISTIE.**

Registration and Prize giving in the Red Lion. Food Available. Fine Ales.

----- cut here -----

Lynne & Christine 5k 2019

Name..... Age.....Sex.....

Address.....

Club (If Any)..... Tel No.....

UK Athletics No..... e-mail.....

EMERGENCY CONTACT.....

I accept that the organisers cannot be held responsible for any injury, loss or damage incurred before, during or after the race. I am physically fit and enter at my own risk

Signed Dated

(By Parent/Guardian if U/18)

from ukresults.net