

Retford Athletic Club

in association with



Retford Half Marathon Plus Family Fun Run



Sunday 10th March 2019 Starting at 10.00am
(Family fun run start 10.15am)

RETFORD OAKS ACADEMY, BABWORTH ROAD, RETFORD DN22 7NJ

Held under UK Athletic Rules: Accurately and certified measured course.

- Excellent facilities. Chip timing. Race limit – increased to 1,300 for 2019 event (sold out in January for 2018 event!!)
- Prizes and Trophies for the first three Males and first three Females
- Trophy for each Female and Male Veteran Category (only one individual prize and trophy per runner)
- *Commemorative Technical T-shirt for entrants completing the half marathon
- Fun run - Prizes for first three under 17's and medals for all entrant.

Minimum age 17 years for the Half Marathon. Fun Run no minimum age (under 8's must be accompanied by an adult).

Entry Fee Half Marathon: Affiliated £18.00 Non-Affiliated £20.00 Entries on the day plus £2.00.

Entry Fee Fun Run: £3.00 **Closing Date for Postal Entries 24th Feb 2019** (if race not sold out before)

Half Marathon entry fee includes donation to Bluebell Wood Children's Hospice.

PLEASE COMPLETE CLEARLY USING BLOCK CAPITALS or enter online at www.bookitzone.com (search keyword 'retford')

Go to www.facebook.com/retfordhalf for further information including course route and directions to the start

Race	Half Marathon <input type="checkbox"/>	Fun Run <input type="checkbox"/>
Surname	Forename	
Age	DOB	Male Female (please circle)
Address		Emergency Contact telephone Number
E Mail Address		
Running Club (U.K.A. Affiliated)		U.K.A. Membership No.
T-Shirt Size	S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/>	

I enclose my cheque/PO for £..... made payable to **Retford Athletic Club**.

I declare that I am an amateur and agree to abide by U.K.A. rules where appropriate. I also certify that I am medically fit to run in this event. I agree that the organisers will in no way be held responsible for any injury, loss or illness to my person during or as a result of this event.

Signature Date

STATEMENT BY Parent or Guardian for ALL runners under 18 years of age. I hereby consent that the above person may participate in the Retford Half Marathon/Fun run. Medical treatment necessary may be given without reference to either parent or guardian. I will not hold responsible the organisers of the event for any illness or injury resulting from the event.

Full Name Signed Date

Please return this completed form with payment to:

RetfordHalf c/o Mrs L Foster, 15 Whitby Road, Harworth, Doncaster, DN11 8QL

Email queries to RetfordHalf@gmail.com

Please note that race numbers will be posted to entrants – (they WILL NOT be collected on the day).

***Technical T-Shirts for all pre-registered entrants but subject to availability for “on the day” entrants.**