

TRAIL 10K RUN

Under ARC Rules (Association of Running Clubs)
Permit applied for.

All proceeds to:-

Mawdesley Millennium Green

Reg.Charity No.1075755

Sunday 30th September 2018 at 11:00am

6.2miles Multi Terrain

ENTRY & REGISTRATION FROM 9:00am at The Red Lion,

68 New Street Mawdesley. L40 2QP

Parking at pub car park & surrounding roads.

PLEASE CAR SHARE

Entries online via www.bookitzone.co.uk or c/o Jane Woodburn, 36 Tarnbeck Drive, Mawdesley,
Ormskirk, Lancs. L40 2RU
Tel: 01704 821112
Email: jane.woodburn@icloud.com

Affiliated Club Runner: £6.00, Unattached: £8.00

Cheques payable to Mawdesley Millennium Green Trust

Numbers to be collected at registration. Postal Entries close 23rd Sept 2018

ENTRIES ON THE DAY (subject to availability) +£2

Name _____ M F DOB ___/___/___ Age on Race day (15 Min)_____

Address _____

Postcode _____ Tel _____ E-mail _____

Affiliated Club _____

Declaration: I am eligible to compete as defined by **ARC rules**, and I am medically fit to run. I understand that the above Event Organisers or anyone associated with the Race will in no way be held responsible for any injury or illness, or any loss or damage to my personal property during the event.

Signed.....Date..... from ukresults.net