



Sunday 3rd September 2017
at Wetherby Racecourse
hosted by **Wetherby Runners A.C.**
At 2pm



The Wetherby Run – 10k

'A Cracking 'little' Yorkshire run'

Preceded by at 12:30pm

The Wetherby Mini Marathon - Family Fun Run (1.6 miles)
With support of



&



Chip Timing by UK Timers.net

Supporting the clubs nominated charity of the year

Wetherby in Support of the Elderly.

Registered Charity No 1163698

Substantial cash prizes for first male and first female winners of 10k in under 31min.45sec & 35 min.30 sec. respectively.

Starting and finishing at Wetherby Racecourse, off York Road, Wetherby. LS22 5EJ.
Large Mug & T Shirt to all finishers 10k race.

10k Entry Fee: £14.00 UKA club member-£16.00 un-attached runner 2pm

All Prices Include on-line booking fee this year. The Price you see is the price you pay

Last Postal entry to be received by 22nd August 2017.

Enter on line at <https://racebest.com/>

With thanks to Up & Running & Platinum Print

Wetherby 10k – Prizes in all Veteran and Open Categories
 Men Open over 40 over 45 over 50 over 60 over 70
 Women Open over 35 over 40 over 45 over 55 over 65

A limited Vet prize list in Yorkshire Gold 5K
a Cash Prize in 10k First Under 20yrs Male & Female
 One prize per athlete except team prizes

Wetherby 10k – 1st & 2nd Team Prizes (3 to count).

Also Wetherby 10k - 'The Gray Cup' awarded to the 1st local runner.
 Prizes awarded based on 'Gun to Mat' times, not 'Mat to Mat' finishing times.

If a veteran wins an open prize this frees up an extra veterans prize



Wetherby Mini Marathon Race Number Sponsors

Wetherby 10k – The Gray Cup. First Local Runner

To be eligible for this annually awarded cup the runner must be resident in the Wetherby postcode area LS22
 Club Runners and Unattached Runners are eligible for the Gray Cup - no extra cost.

Race Entry

Race cheques should be sent with entry form and made payable to: **'Wetherby Runners A.C.'**

Also include a 240mmx165mm stamped self-addressed envelope (A5 sized) Send to:

Entry Secretary, 48 Coxwold View, Wetherby, West Yorks, LS22 7PU.

The Small Print.

- 10 k competitors must be 15 years of age or over on the day of the race .
- Due to the nature of the course we are unable to accept entries from wheelchair athletes.
- No accompanying dogs or cyclists allowed. Runners are reminded to adhere to the 'Country Code' on off-road sections.
- Results will be posted on club website www.wetherbyrunnersac.co.uk within 48 hrs of the finish.
- Please contact Entry Secretary if you need to change runner details later. (Don't run using someone else's number)
- In accordance with UKA Personal Safety Rule S240 S5. **The use of I-pods or MP3 players etc which have earphones over/in the ear are not permitted.** (Infringement = disqualification & No results published)
- The course distances has been measured by surveyor's wheel. Trail races are not permitted for accurate distance certification if greater than 10% off road. There is a 1.2km section of hard packed gravel therefore 'The Association of UK Course Measurers' cannot certify the 10km distance.
- Unfortunately, should, for un-foreseen circumstances the races be unable to proceed there will be NO REFUND of entry fee, booking fee nor will free gift items be available.
- We apologise that deferring of entries to following years is not possible.
- A sweep vehicle/runner will follow the race. If at any time tail end runner is passed by vehicle/runner then normal pedestrian rules of highway apply. Marshals will remain in position until sweep vehicle/runner has passed their position.
- The Wetherby Mini Marathon – Family Fun Run** (1.6 miles approx.) start at 12:30pm. At £3.50. Postal Entries & Entries available on the day. There is no minimum age for fun runners but under 7's must run with a fee paying adult. Prizes awarded to first 5 runners aged 15 years or under. All finishers are medal winners.

Please use On-Line Entry System as first preference

Of course you may enter by using this entry form . Race numbers and information booklet will be posted to you 4 weeks before race.
 Have you included? 1. Entry form - 2. Entry fee - 3. Your A5 size stamped self-addressed envelope (240mm x 165mm and a 2nd Class STAMP)
 Entries on the day subject to race limit.. If these are available notification will be given on the web site no earlier than 16-08-17

I wish to enter 'The Wetherby Run 2017'. I declare that I am an amateur as defined by UKA rules. I certify that I am medically fit to run the 10Km race. I agree that the organisers will in no way be held responsible for any injury or illness incurred to my person during or as a result of the event. Your Details are protected by The Data Protection Act.

I Wish to Enter (delete where Appropriate)		The Wetherby Run – 10k			Wetherby Mini Marathon						Min Age for 10k is 15years				
Title	First Name				Surname				M		F				
Address										Postcode					
D.O.B. / /		Wetherby 10k - Local Cup Entry: Y / N Wetherby Postcode. Residents LS22 only.				Contact Phone No			Fees: Wetherby 10k: £14 Attached £16 Unattached Mini Marathon: £3.50 - on the day						
Age on race day	UKA Club name				UKA Membership No										
Men	U20	Open	O40	O45	O50	O60	O70	Women	U20	Open	O35	O40	O45	O55	O65
Official Use Box		ADDITIONAL VOLUNTARY DONATION AMOUNT				Signed by all entrants or Parent/guardian for under 18 years									