

# RIPON RUNNERS

Race held under UK Athletics rules - Licence No Pending

## Burn Valley Run

Sunday 9<sup>th</sup> July 2016, Start: 10.00 am

The Burn Valley is a one lap scenic course of half marathon (not suitable for wheelchairs, prams or pushchairs)

**Race limit:** 500    **Minimum age:** 17

**Teams:** to wear club vests - first 3 count

**Entry fee:** £16.00 attached - £18.00 unattached. No entries on the day

**Closing dates:** 23 June or sooner if limit is reached

**Online entry:** see [www.riponrunners.org.uk](http://www.riponrunners.org.uk)

**Paper entry:** If you prefer, mail a completed entry form (one per entrant) to:

The Burn Valley Run, 33 Kirkby Drive, Ripon, North Yorkshire HG4 2DP

Cheques payable to 'Ripon Runners'

**Note: For race day information, include an SAE with your entry or visit the website.**

**Race number:** collect at race HQ on the day – please arrive in plenty of time.

**Race HQ:** Masham Town Hall, Market Square, Masham Ripon, HG4 4DY

**Prizes:** T shirt to all finishers (only one per person except team prizes).

**Transfer of race numbers:** Not permitted on the day; however this is possible if you email the recipient's full entry details (as listed on the form below) to the race director, [burnvalleyhalf@outlook.com](mailto:burnvalleyhalf@outlook.com)

no later than **Friday 23<sup>th</sup> June**.

**Safety:** *Ensure you can hear marshals' safety instructions and the approach of overtaking vehicles and faster runners. iPods and MP3 players are prohibited from this event. Please keep to the left hand side of the road, unless otherwise instructed by the marshals.*

----- Cut ✂ here and retain top half -----

Burn Valley 2017

Name ..... M/F ..... Date of Birth ..... Age on Day .....

Address .....

..... Post Code .....

Email address .....

Please add me to your club races email list

Club/Association ..... Entry Fee Enclosed .....

Registration Number ..... Contact Phone Number .....

T Shirt Size (circle as appropriate) XS (35")    S (38")    M (40")    L (43")    XL (45")

Declaration: I declare that I am medically fit, enter and take part at my own risk. I agree not to hold the organisers or any associated party responsible for any loss, injury or sickness that may arise as a result of my participation. Furthermore I also agree that the organisers reserve the right to alter or amend any of the above details without notice and that in the unlikely event of abandonment or cancellation, all or part of my entry fee may be retained for the management and administration of the event.

Signed .....

Date .....

[from ukresults.net](http://www.ukresults.net)

