

Long Marton School Helm Wind 3 Villages Fun Run Challenges 2012

10km Road Run Seniors & 15 years +

Previous	Record Carl Bell 35.44	new record:Ruth Hetherington 43.48 (2012)	Age Category position
1st	John French	Eden Runners	35.52 Mopen 1st M open
2nd	Patrick Hanna	Howgill Harriers	38.08 Mopen
3rd	Luke Walsh	Arragons Tri Club	38.14 Mopen
4th	Alistair Hanna	Howgill Harriers	39.36 Mopen
5th	Jack Walton	Howgill Harriers	39.37 Mjunior 1st junior
6th	Stephen Moffat	Howgill Harriers	39.47 MV50 1st MV50
7th	Martin Hepworth	Eden Runners	40.04 MV40 1st MV40
8th	Jack Oakley	Howgill Harriers	40.45 Mjunior 2nd junior 1st LOCAL M
9th	Phil Thurlow	Helm Hill	42.20 MV40 2nd MV40
10th	Mark Nixon		42.37 Mopen
11th	Ruth Hetherington	Arragons Tri Club	43.48 Fopen 1st Female
12th	Sean Robinson	Howgill Harriers	44.00 Mopen
13th	Charles Watson	Eden Runners	44.33 MV50 2nd MV50
14th	Steven Patterson	Eden Runners	44.55 MV40 3rd MV40
15th	Alan Dodds	Howgill Harriers	45.23 MV40
16th	Jenn Mattinson	Howgill Harriers	45.24 Fopen 2nd Female open
17th	Tom Airey	Long Marton	45.50 MV40
18th	Jonathan Welch	Crackenthorpe	46.08 MV40
19th	Adele Roche	Howgill Harriers	46.26 FV50 3rd Fopen & 1st FV50
20th	Shaun Graham	Eden Runners	46.40 MV40
21st	David Ivinson		47.00 Mopen
22nd	Tim Jackson		47.05 mopen
23rd	Simon Humphries		47.11 MV40
24th	Shaun Hardisty	Eden Runners	47.35 MV40
25th	John Davis	Long Marton School	47.40 mopen
26th	Shaun Atkinson	Helm Hill	47.49 MV40
27th	Pauline Tyson	Howgill Harriers	48.05 FV40 1st FV40
28th	Trevor Walton	Howgill Harriers	49.25 MV50
29th	Kane Taylor		50.06 Mopen
30th	David Robinson		50.11 Mopen
31st	Mike Dunbobbin	Appleby	50.36 MV40
32nd	Terry Roche	Howgill Harriers	50.55 MV50
33rd	Alan Barr	Kirkby Stephen	50.57 MV40
34th	Tanya Dixon	Eden Runners	51.51 Fopen
35th	Rebecca Hodgson	Bolton	52.58 Fopen 1st Local F
36th	David Hodgson		53.00 MV40
37th	Mark raine		54.42 Mopen
38th	Menna Lewis	Howgill Harriers	55.33 FV50 2ndFV50
39th	Deborah Ingram		55.47 Fopen
40th	Mike Welch		55.56 MV40
41st	Angela Watson	Eden Runners	56.28 Fopen
42nd	Neil Dyson	Ochill Runners	57.35 MV60 1st MV60
43rd	Angela Shuttleworth	Howgill Harriers	57.51 FV50 3rd FV50
44th	George Armstrong		58.57 mopen
45th	Gill Silson	Eden Runners	59.14 FV50
46th	Sarah Moffat	Howgill Harriers	59.15 Fopen
47th	Cheryl Moffat	Howgill Harriers	1.01.25 Fopen
48th	Louise Stewart	Dufton	1.01.49 Fopen
49th	Rachel Little	Howgill Harriers	1.02.14 Fopen
50th	Jane Oakley	Howgill Harriers	1.02.43 FV40
51st	Marc Hogg		1.04.16 Mopen
52nd	Patrick Farrell		1.04.16 Mopen
53rd	Judith Walker		1.04.39 FV40
54th	Karen Weatherby		1.08.08 fopen
55th	Jessica Westory		1.12.51 fopen
56th	Rachael Curruthers		1.12.58 fopen
57th	Ashlea Pearson		1.12.58 fopen
58th	Lucy Dalton		1.29.20 Fjunior 1st F junior

Long Marton School Helm Wind 3 Villages Fun Run Challenges

2012

JUNIOR Results

1.6km

Parent and 5 and unders

				Age
GIRLS				
1st	Tiegan Lowthian	Long Marton	9.59	5
2nd	Emily Hetherington		10.35	5
3rd	Katie Wiasra	Brunswick School	12.01	5
4th	Amy Atkinson	Penrith	12.18	4
5th	Poppy Stewart	Long Marton School	12.23	5
6th	Esme Walkingshaw		12.25	4
7th	Lucy Hetherington		17.01	3
8th	Abbie Thomson	Long Marton School	17.24	
9th				
10th				
11th				

BOYS

1st	Campbell Donnelly	Long Marton school	10.07	4
2nd	Archie Harding	Skelton	10.45	5
3rd	Theo Hodgson	Bolton	10.57	4
4th	Liam Barr	Kirkby Stephen	11.06	4
5th	Finlay Aitken	Bampton	11.12	4
6th	Joe Dakin	Long Marton school	12.17	4
7th	Daniel Thomson	Long Marton school	13.33	5
8th	Theo Robinson	Kirkby Stephen	13.35	4
9th	Joshua Swann	Long Marton School	14.39	3

1.6km Aged 6 & 7 Years

BOYS

1st	James Bowen	Ambleside	8.20	7	est
2nd	Harry Bowen	Ambleside	8.22	7	est
3rd	Joshua Hudson	Long Marton School	9.04	7	
4th	Oliver Dixon	Kirkby Stephen	9.32	6	
5th	Alistair Barr	Kirkby Stephen	9.54	7	
6th	Rio Howard	Appleby	10.26	7	
7th	Isaac Robinson	Kirkby Stephen	10.50	7	
8th	Adam McFadzean	Long Marton School	11.27	7	
9th	Daniel Patterson	Long Marton School	12.36	6	
10th					
11th					

GIRLS

1st	Islay Aitken	Helm Hill/ Bampton	8.20	7	est
2nd	Ellen Mosman	Helm Hill/ Shap sch	8.22	7	est
3rd	Pippa Shay	Skelton	10.18	6	
4th	Olivia Moffat	Brough	10.18	6	
5th	Beau Walkingshaw	Crosby Ravensworth	10.20	6	
6th	Madison Rumney	Long Marton School	10.46	6	
7th	Esme Hodgson	Bolton	10.53	6	
8th	Natasha Molloy	Long Marton School	11.22	6	
9th	Hannah Reed	Long Marton School	11.32	7	
10th	Abbie Thompson	Helm Hill	11.48	7	
11th	Morag Donnelly	Long Marton School	13.54	6	
12th	Georgia Lees	Long Marton School	13.54	7	

1.6km Aged 8 & 9 Years

Girls

1st	Annie Dodds	Howgill Harriers	8.58	9
2nd	Isabel Palmer	Long Marton School	9.33	8
3rd	Anna Shay	Skelton	10.17	8
4th	Emily Hudson	Long Marton School	10.27	8
5th	Nicole Hodgkinson	Long Marton School	12.02	8
6th	Ellie Howard	Appleby	14.40	9

BOYS

1st	Charlie Harding	Skelton	7.32	8	est
2nd	Todd Ingram	Long Marton School	7.42	9	est
3rd	Barnaby Walkingshaw	Crosby Ravestonedale	7.52	8	est
4th	Hamish Donnelly	Long Marton School	8.33	8	
5th	Angus Turner	Crosby Ravestonedale	8.34	8	
6th	Matthew Dixon		9.33	8	
7th	Bradley Tallentire-D		10.03	8	
8th	Sonny Pearson	Warcop	10.53	8	
9th	Reece Egglestone	Long Marton School	12.34	8	
10th					

Long Marton School Helm Wind 3 Villages Fun Run Challenges

2012

3KM AGED 10 & 11 years

GIRLS

1st	Sarah Atkinson	Long Marton	13.05	11
2nd	Katie Thurlow	Helm Hill	13.27	10
3rd	Emelia Stevens	Helm Hill	14.26	10
4th	Jasmine Matier	Morland school	16.20	10
5th	Tara Gaughan	Long Marton School	19.30	11
6th	Leah Dodds		22.18	10
7t	Jade Pearson	Warcop	22.19	11
8th	Jade Rumney	Long Marton School	25.25	10
9th	Chloe Longstaff	Long Marton School	25.25	11
10th	Emily Palmer	Long Marton School	25.26	11
11th	Hannah Jo Egglestone	Long Marton School	25.58	10

BOYS

1st	Robert Askew	Helm Hill	14.06	10
2nd	TJ Airey	Long Marton School	15.57	
3rd	Matthew Singleton	Blackpool	16.15	
4th	David Welch	Bolton School	17.49	10
5th	Connor Parkin	Long Marton School	25.14	10
6th	Michael Strong	Long Marton School	25.16	11

3KM AGED 12 & 13 years

GIRLS

1st	Katherine Lawson	Helm Hill	13.01	13
2nd	Georgia Stevens	Helm Hill	14.01	13
3rd	Millie Coates-Enright	Arragon's Tri / QEGS	17.06	12

BOYS

1st	Elliott Matier	QEGS/ Carlisle Aspatria	11.48	12
2nd	Luke Bowman	Ambleside	12.24	12
3rd	Jack Hale	Langwathby	13.26	13
4th	James Wostear	QEGS/ Arragons Tri	13.53	12
5th	Kelby Brookes	AGS	18.34	13
6th	Nathaniel Walton	AGS/ Howgill harriers	22.28	12

3KM AGED 14 years +

Boys

1st	Sam Mein	Arragon's Tri Club/ AGS	13.13	14
2nd	Cole Pollard	Appleby Grammar School	17.35	14
3rd	Nathan Broadhurst	Appleby	18.01	14

3KM Seniors

WOMEN

1st	Rachel Palmer	Long Marton	16.35	
2nd	Julie Egglestone	Long Marton	18.25	
3rd	Paula Atkinson		18.29	
4th	Andrea Hodgkinson	Long Marton	19.32	
5th	Helen Slee	Long Marton	19.52	
6th	Rachel Smith	Long Marton	21.11	

3KM Seniors

Men

1st	Steve Gaughan		16.48	
2nd	Tony Lake		18.08	

Long Marton School Helm Wind 3 Villages Fun Run Challenges 2012

9 years & Under

BOYS & GIRLS 1.6KM

OVERALL POSITIONS

			Time	Age on day	
1st	Charlie Harding	Skelton	7.32	8	est
2nd	Todd Ingram	Long Marton School	7.42	9	est
3rd	Barnaby Walkingshaw	Crosby Ravestonedale	7.52	8	est
4th	James Bowen	Ambleside	8.20	7	est
5th	Islay Aitken	Helm Hill / Bampton	8.20	7	est
6th	Harry Bowen	Ambleside	8.22	7	est
7th	Ellen Mosman	Helm Hill	8.22	7	est
8th	Hamish Donnelly	Long Marton School	8.33	8	
9th	Angus Turner	Crosby Ravestonedale	8.34	8	
10th	Annie Dodds	Howgill Harriers	8.58	9	
11th	Joshua Hudson	Long Marton School	9.04	7	
12th	Oliver Dixon	Kirkby Stephen	9.32	6	
13th	Isabel Palmer	Long Marton School	9.33	8	
14th	Matthew Dixon	Kirkby Stephen	9.33	8	
15th	Alistair Barr	Kirkby Stephen	9.54	7	
16th	Tiegan Lowthian	Long Marton School	9.59	5	
17th	Bradley Tallentire-Daw	Long Marton School	10.03	8	
18th	Campbell Donnelly	Long Marton school	10.07	4	
19th	Anna Shay	Skelton	10.17	8	
20th	Pippa Shay	Skelton	10.18	6	
21st	Ollivia Moffat	Brough	10.18	6	
22nd	Beau Walkingshaw	Crosby Ravensworth	10.20	6	
23rd	Rio Howard	Appleby	10.26	7	
24th	Emily Hudson	Long Marton School	10.27	8	
25th	Emily Hetherington		10.35	5	
26th	Archie Harding	Skelton	10.45	5	
27th	Madison Rumney	Long Marton School	10.46	6	
28th	Isaac Robinson	Kirkby Stephen	10.50	7	
29th	Esme Hodgson	Bolton	10.53	6	
30th	Sonny Pearson	Warcop	10.53	8	
31st	Theo Hodgson	Bolton	10.57	4	
32nd	Liam Barr	Kirkby Stephen	11.06	4	
33rd	Finlay Aitken	Bampton	11.12	4	
34th	Natasha Molloy	Long Marton School	11.22	6	
35th	Adam McFadzean	Long Marton School	11.27	7	
36th	Hannah Reed	Long Marton School	11.32	7	
37th	Abbie Thomson	Helm Hill	11.48	7	
38th	Katie Wiasra	Brunswick School	12.01	5	
39th	Nicole Hodgkinson	Long Marton School	12.02	8	
40th	Joe Dakin	Long Marton school	12.17	4	
41st	Amy Atkinson	Penrith	12.18	4	
42nd	Poppy Stewart	Long Marton School	12.23	5	
43rd	Esme Walkingshaw	Maulds Meaburn	12.25	4	
44th	Reece Egglestone	Long Marton School	12.34	8	
45th	Daniel Patterson	Long Marton School	12.36	6	
46th	Daniel Thomson	Long Marton school	13.33	5	
47th	Theo Robinson	Kirkby Stephen	13.35	4	
48th	Morag Donnelly	Long Marton School	13.54	6	
49th	Georgia Lees	Long Marton School	13.54	7	
50th	Joshua Swann	Long Marton School	14.39	3	
51st	Ellie Howard	Appleby	14.40	9	
52nd	Lucy Hetherington		17.01	3	
53rd	Abbie Thomson	Long Marton School	17.24		

Long Marton School Helm Wind 3 Villages Fun Run Challenges

2012

10 years & over OVERALL POSITIONS		BOYS & GIRLS 3KM inc. Senior 3km	Time	Age on day
1st	Elliott Matier	QEGS/ Carlisle Aspatria	11.48	12
2nd	Luke Bowman	Ambleside	12.24	12
3rd	Katherine Lawson	Helm Hill	13.01	13
4th	Sarah Atkinson	Long Marton	13.05	11
5th	Sam Mein	Arragon's Tri	13.13	14
6th	Jack Hale	Langwathby	13.26	13
7th	Katie Thurlow	Helm Hill	13.27	10
8th	James Wostear	QEGS	13.53	12
9th	Georgia Stevens	Helm Hill	14.01	13
10th	Robert Askew	Helm Hill	14.06	10
11th	Emelia Stevens	Helm Hill	14.26	10
12th	TJ Airey	Long Marton School	15.57	
13th	Matthew Singleton	Blackpool	16.15	
14th	Jasmine Matier	Morland school	16.20	10
15th	Rachel Palmer	Long marton School	16.35	
16th	Steve Gaughan	Long marton School	16.48	
17th	Millie Coates-Enright	Arragon's Tri QEGS	17.06	12
18th	Cole Pollard	Appleby Grammar School	17.35	14
19th	David Welch	Bolton School	17.49	10
20th	Nathan Broadhurst	Appleby	18.01	14
21st	Tony Lake	Long marton School	18.08	
22nd	Julie Egglestone	Long marton School	18.25	
23rd	Paula Atkinson		18.29	
24th	Kelby Brookes	AGS	18.34	13
25th	Tara Gaughan	Long Marton School	19.30	11
26th	Andrea Hodgkinson	Long marton School	19.32	
27th	Helen Slee	Long marton School	19.52	
28th	Rachel Smith	Long marton School	21.11	
29th	Leah Dodds		22.18	10
30th	Jade Pearson	Warcop	22.19	11
31st	Nathaniel Walton	AGS	22.28	12
32nd	Connor Parkin	Long Marton School	25.14	10
33rd	Michael Strong	Long Marton School	25.16	11
34th	Jade Rumney	Long Marton School	25.25	10
35th	Chloe Longstaff	Long Marton School	25.25	11
36th	Emily Palmer	Long Marton School	25.26	11
37th	Hannah Jo Egglestone	Long Marton School	25.58	10

Long Marton School Helm Wind 3 Villages Fun Run Challenges 2012

Records	Name		Time	Age	Year
10km Men	Carl Bell		35.44	mopen	2011
10km Women	Ruth Hetherington		43.48	Fopen	2012
10km Local M	Stuart Robinson		36.56	MV40	2011
10km Local F	Rebecca Hodgson		52.58	Fopen	2012
Records 1.6km					
BOYS 5 & unde	Campbell Donnelly	Long Marton school	10.07	4	2012
GIRLS 5 & unde	Tiegan Lowthian	Long Marton	9.59	5	2012
Boys 6 & 7 yea	Charle Harding	Skelton	7.42	7	2011
Girls 6 & 7 year	Maud Humphries	Hunter Hall	9.59	7	2011
boys 8 & 9	Tom Humphries	Hunter Hall	6.55	9	2011
Girls 8 & 9	Emelia Steven	Selside	8.24	9	2011
RECORDS 3km					
Boys 10 & 11 y	Elliott Matier	QEGS/ Carlisle Aspatria	12.27	12	2011
Girls 10 & 11 y	Sarah Atkinson	Long Marton School	13.05	11	2012
Boys 12 & 13 y	Elliott Matier	QEGS/ Carlisle Aspatria	11.48	12	2012
Girls 12 & 13 y	Katherine Lawson		13.01	13	2012
Boys 14 yrs +	Sam Mein	Arragon's Tri / AGS	13.13	14	2012
Girls 14 yrs +					
Adult 3km					
Women	Rachel Palmer	Long marton School	16.22		2011
Men	Steve Gaughan	Long marton School	16.48		2012